

# Simple Set-In Sleeve Sweater from the top down

by Deborah V. Gardner

This simple Tee is knit from the top down with no shoulder seams. Instead of the traditional ribbing, a mock cable is used to prevent rolling. Also, only one size needle is used.

## Materials:

8 balls Lana Gatto Feeling, 70% Merino. 20% Silk,  
10% Cashmere, 50gr/1.76 oz, 140 meters, 153 yards.  
Size US 7, 5.0 mm circular needle, 24" or size to  
obtain gauge.

Either Size US 7, 5.0 mm circular needle, 40" to use  
Magic Loop technique OR double pointed needles  
OR 16" circular needle

Spare cable to hold stitches

Yarn needle

Waste yarn

Gauge: 24 sts = 4"

## Abbreviations

K Knit.

M1L Produces a left-leaning stitch: With left-hand needle, pick up the strand between the needles from front to back. Knit in back loop.

M1R Produces a right-leaning stitch: With left-hand needle, pick up the strand between the needles from back to front. Knit in front loop.

P Purl.

Rnd(s) Round(s).

Sl Slip.

st(s) Stitch(es)

W&T Wrap and turn: Slip next stitch with yarn in back, pass the yarn to the front, return the slipped stitch to the lefthand needle.

YO Yarn over.



## Pattern

Rnd 1: P1, (sl 1 purlwise, k2, pass slipped stitch over, p2) until 1 st from end of rnd, p1.

Rnd 2: P1, (k1, yo, k1) until 1 st from end of rnd, p1.

Rnds 3 and 4: P1, (k3, p2) until 1 st from end of rnd, p1.

## *Begin shoulders and back*

Using an invisible cast on, cast on 90 stitches.

Row 1: K.

Row 2: P.

Row 3: K30, place marker; k30 (the neck stitches), place marker; k30.

Work short rows—these will create a sloping shoulder.

SR1: P across to 4 sts past the 2<sup>nd</sup> marker. W&T.

K across the neck stitches to 4 sts past the other marker. W&T.

SR2: P across neck st to 9 sts past the marker. As you go by the stitch around which the extra strand (called “passed strand”) was passed on the first short row, pick up that passed strand on the right side of your work (which will be facing away from you), put it on the left needle and purl it together with the stitch around which it was passed.

W&T: K across neck stitches to 9 sts past the other marker.

As you go by the stitch around which the extra strand was passed on the first short row, pick up that passed strand from beneath (on the right side which is now facing); put it on the left needle and knit it together with the stitch around which it was passed through the *back* loops.

W&T

SR3: Continue with 15 sts on each side of neck edge, then 20 sts, etc to the armhole edges.

Shoulders are now shaped.

- Work the back, K1 row, P1 row to the underarm (about 6"). This measurement is from your shoulder to your underarm, not the garments. Measure your piece at the edge, not the middle.
- Every right-side row: (K2, M1L, k to within 2 stitches of end, M1R, k2) 12 times. (126 sts)
- End after working a right-side row. Place on a spare cable.

### **Front**

- Put the 30 left shoulder stitches on the needle. Put the 30 right shoulder stitches on the same needle. Leave the neck stitches on the waste yarn.
- Join the yarn at the right armhole edge and knit the first right side row across the right shoulder.
- Join another ball of yarn at the left neck edge and knit the first left side row across the left shoulder.
- Work short rows on back.
- Work K1 row, P1 row for about 3" (as measured at the inside edge) working armhole increases if necessary.
- Begin neck increases.
  - Increase 1 st *each* row until 10 have been added to each side.
  - Cast on 10 provisional sts for neck.

### *Size check*

Join front and back: K across front; invisible cast on 10 sts for underarm, placing a marker between the center 2 sts; knit across back, invisible cast on 10 sts for underarm, placing a marker between the center 2 sts.

Increase Round: Knit 13 rows until 1 sts from marker on left underarm. M1L, k2, M1R; k to 1 sts before next marker, M1L, k2, M1R, slipping markers.

\*K 7 rnds.

Repeat Increase Rnd.\*

Repeat between \*\* 3 times.

\*K 10 rnds.

Repeat Increase Rnd.\*

Repeat between \*\* 3 times.

Knit to the length you want less 3".

Next Rnd: Increase 1 sts at left armhole edge. (225 sts)

Next Rnd: \*P2, k5\*, rep between \*\* around.

Work 3 pattern repeats.

Bind off in pattern.

### *Sleeves*

Starting in the center of the cast-on stitches of the underarm, pick up and knit the 5 underarm sts; pick up and knit 72 sts along the armhole; pick up and knit the last 5 invisible cast-on stitches for the underarm.

- Knit 55 sts and stop. Place a marker. Slip the next stitch with yarn in front; pass yarn to the back; return slip st to the lefthand needle.

TURN and purl across the center 28 sts. Place a marker.

Slip next stitch with yarn in back, pass the yarn to the front, return the slipped stitch to the lefthand needle.

TURN

- Knit across the center stitches to one stitch beyond the marker. (You should remove the marker and reposition it after this one stitch.) You will *not* work the passed stitch as you did for the shoulders. Slip the stitch wrapping as before.

TURN

Purl across the center stitches to one stitch beyond the marker. (You should remove the marker and reposition it after this one stitch.) You will *not* work the passed stitch as you did for the shoulders. Slip the stitch wrapping as before.

TURN

Repeat these two rows until all the stitches except the underarm are worked. (One st on each side of the underarm will be wrapped.)

Knit around for 1".

Next Round: P2tog, (k3, p2) to last 2 sts, p2 tog.

Work 3 pattern repeats.

Bind off in pattern.

### ***Neckband:***

With appropriate needles, pick up and knit 25 sts on the left side of neck, 10 provisional sts, 25 sts on right side of neck and the 30 provisional sts on the back.

Rnd 1: P2, k3.

Repeat pattern 3 times.

Bind off loosely.